

Staff Reflection – 26 June 2025

What do you think are some of the features of a Mercy Pilgrimage of Hope?	At the conclusion of the pilgrimage what do you hope will have been achieved?
Having hope, having faith. With faith we can overcome the challenges in our world. Look at our smaller actions, our workplaces, our communities. Share hope and that can have a ripple effect.	Able to improve one person's life, either our own or someone else. Positivity – open doors, let them into your life. Time for reflection. Physical or personal journey for us.
Action is enacted. Anything can trigger a pilgrimage within oneself. Invited onto a pilgrimage. Good reason to get everyone across the Institute to come together and that creates relationships. Humanity first. Remember people are human. Hope is a two-way exchange.	A more heart-felt presence and sensitive to others. More awareness of how we can bring hope to others.
Time for prayer and reflection. Sharing of an individual's warmth and hope to others. Gratitude and gratefulness. Being a light to others around. Stripping back to simplicity.	Positive change. Being a light, finding a light within ourselves. Having the time to consider and reflect. Finding forgiveness.
Warmth, togetherness and a sense of welcome. Being aware of the land that we're on and pilgrimages that have been made in the past and still being made.	Sense of positive outlook and mindset for everyone. We are all doing it together. You're not alone.
How we see hope in everyday life. We shouldn't listen to the media because there are no good messages coming from the media. Trying to be hopeful. Communities coming together, people coming together that's what brings hope.	Provides an opportunity to stop and be reflective. We don't have to do the big gestures. It's about the little things we do. Everyday situations, not the big gestures.
The door is often our computer screen. We spend so much time on online meetings. There's a door that is about the use of technology that we use as a door.	