



Our Institute News Institute Nius Bilong Mipela

Edition 324 • October 16, 2026

 **Elizabeth Moloney**

My focus on Living Mercy Purposefully has been enriched in recent weeks. On 21 September, the International Day of Peace, I joined many others from across Australia, including sisters from our Institute, in completing ***Calm in the City: 100 Days of Peace*** ([click here](#)).

Each evening a poet, consultant, educator, Jewish or Muslim participant, Christian, musician, psychologist, performer, philanthropist, philosopher, composer or sportsperson shared, for two minutes, what peace meant in their lives. For the following ten minutes, a slowly rotating image of the globe appeared on screen, accompanied by gently changing colours that added to the calm ambiance.

This initiative came at a time when the world can feel unsettled, hostile and even frightening for many. We are living with uncertainty about the impact of artificial intelligence, wars, environmental and social upheaval, and economic and political tensions. How easily we can be drawn into a seemingly negative and collapsing world.

The sharers spoke of a wide range of practices that support and nurture their experience of peace deep within: pausing, stepping aside, withdrawing, smelling a rose, resting beside a tree and enjoying nature or connecting with a friend.

A consistent message emerged from these reflections that each of us needs to nurture peace within if we are to reduce the risk of being drawn into the heaviness and negativity that can hover over or within us. I admit to noticing how easily peace can shift when I became annoyed or irritated by the heart emojis that other participants sent as a speaker shared or as a session ended. How easily such irritations can become all-



consuming rather than pausing to appreciate what else is present. When we do pause and notice, our gratitude grows and fear eases.

Watching the globe rotate was calming, although it also drew my attention to the many armed conflicts occurring around the world. According to data from the International Committee of the Red Cross, there are currently 103 armed conflicts across the world in 60 countries. The unrest before and during such conflicts is beyond what most of us can imagine. The triggers for disturbance can be ever so small or arise from local and global events.

The evening reflections and meditations deepened my experience of peace and have supported me in being attentive and receptive to Living Mercy Purposefully. Joanne Dickson and Jane Hall's presentations for this month also offer rich insights ([click here](#)).

Unless I am centred, how can I live Mercy Purposefully, locally or globally?

Cultivating deep peace within strengthens us to live our truth and not be immobilized or silenced by world events or smaller local situations or encounters. It is at the heart of what it means to live Mercy purposefully.

Liz

Magnifica Humanitas

A time to seek and act with wisdom?



You are invited to join **Adele Howard rsm** for a session exploring *Magnifica Humanitas* and the emerging challenges of Artificial Intelligence (AI).

Adele's recent article in L'Osservatore Romano points to the focus for this session:

Clearly, ethical guardrails and regulations need to be developed swiftly in relation to the power and intelligence of AI computer models. It is because of their power, writes Pope Leo, that they require 'a new spiritual, ethical and political framework' (MH 93).

Together, we will explore some key practical and theological themes of the encyclical and consider current AI concerns emerging locally and globally. It will include short video clips and quotations from AI experts and commentators, particularly Professor Paolo Benanti TOR, Italian priest, theologian and academic who advised Pope Francis on AI ethics.

Our time of sharing and reflection will be guided by the encyclical and your own questions and concerns. The session will be facilitated by **Karon Donnellon rsm**.



Adele Howard rsm



Karon Donnellon rsm

Tuesday, 27 October at 3pm AEDT

3pm NSW, ACT, VIC, TAS/2.30pm SA/2pm PNG and QLD/12noon WA

<https://us02web.zoom.us/j/81049752686?pwd=SKRSfVisEmXgtTJhLr8GPb6kaiRaNf.1>

Meeting ID: 810 4975 2686 Passcode: 2026

Duration: Approximately 1 hour and 15 minutes. No registration required.

The session is also being recorded.



Save the Date

Tuesday, 17 November at 3pm AEDT

Rev Dr Elizabeth Mackinlay will be leading a Zoom session on attending to the spiritual journey at all stages of our lives.

3pm NSW, ACT, VIC, TAS/2.30pm SA/2pm PNG and QLD/12noon WA
Duration: 90 minutes

Thursday, 10 December at 12noon AEDT

A ritual reflecting on and giving thanks for our Living Mercy Purposefully journey so far as well as the path that is emerging.

12noon NSW, ACT, VIC, TAS/11.30am SA/11am PNG and QLD/9am WA
Duration: Approximately 45-60 minutes



Kitchen Table Conversation Recording

To view the recording of this month's Kitchen Table Conversation on Zoom - [click here](#)

Community Appointment - Central A

On Monday, Ms Lina Finocchiaro commenced in the role of Regional Community Living Coordinator for the Southern and ACT Region of Central A Community.

Lina is a qualified nutritionist with a particular focus on women's health and wellbeing. In addition to her qualification in nutrition, Lina has also completed a Bachelor of Science (Psychology).

Lina joins Maree Vaughan, who is the Regional Community Living Coordinator for Central West Region of this community and who commenced a few months ago.

Lina and Maree's appointments followed much discernment and prayer in Community Central A. If you could please keep them both in your prayers.



These are some of the meetings and events in the coming fortnight that involve either one or more of us. Please get in touch with us if you would like to know more. *Karon, Liz, Duyen, Marg and Theresia.*

- Mercy International Association Meeting (zoom)
- Magnifica Humanitas with Adele Howard (zoom)
- ILT Meeting
- Sisters, 60 and Under meeting (zoom)
- North-Qld Community visit
- CRA NSW Leaders and Leadership Teams Dinner
- CRA Formators Workshop (zoom)
- Mercy Alliance Meeting.

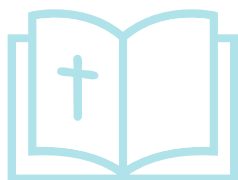
Reflections

Gospel Reflections from Veronica Lawson

The latest reflections from
Veronica Lawson.

18/10/26

25/10/26



Creating Dementia Friendly Communities

In this edition, Silvia Campo
highlights the statistics of carers
in Australia and how to support
them, [click here](#).

Silvia Campo

Messages to:
silvia.campo@mercy.org.au

Newsletters

CRA Bulletin: [click here](#)

**Mercy Ministry Companions
Connections:** [click here](#)

Mercy Associates [click here](#)

Watch

**Remembering Sisters Who
Have Died -** [click here](#)

**Living Mercy Purposefully
Kitchen Table Conversation**
[click here](#)

Events

Holidays at Santa Casa, Queenscliff

Dear Sisters

If you are looking to experience a little bit of paradise, Santa Casa, in Queenscliff, Victoria is the place to be!

There are places available from:

- December 27 2026 - January 10 2027
- January 12 - January 26 2027
- January 28 - February 11 2027.

Enquiries are invited from members of female religious institutes.

Cost is \$120 per night, fully catered. Bed linen and towels supplied.

Please contact me by email: santacasa@ismapng.org.au

Lizzie Finnerty



Jubilees Caught on Camera!



Roma Banducci and Kerry Willison in the Perth Archdiocesan newsletter - [click here](#)



Helen Mary Peters on the Townsville Diocesan Facebook - [click here](#)
and
Diocesan website - [click here](#)

Change of Address

Carmel Hinkley (South B) has moved from South C to South B Community with her new address: 17 Margarets Lane Warrnambool VIC 3280

Mary O'Donnell (South B) new address: McAuley Place Rice Village, Catherine McAuley Wing, House 2, Room 15, 7 Moylan Loop Marshall VIC 3216.