

**Luke 5:1-11 Lectio Divina (adapted from a Reflection offered by Veronica Lawson RSM)**

**Personal Preparation: Read Luke 5:1-11 and have a device ready to take outside.**

**Silently ponder on Veronica's Reflection:**

“While Peter and his companions are said to “leave everything” and “follow” Jesus, the subsequent narrative makes it clear that they do not abandon their fishing activities. They simply re-centre their lives on the following of Jesus. In other words, they undertake to live out in their lives the pattern of Jesus’ life amid the ordinary concerns of daily life. The previous chapter has provided glimpses of that pattern: bringing good news to the destitute, release to the shattered, healing to the sick and the broken. In our times, we are beginning to realise that the “shattered” that need to be freed include the despoiled Earth, its waters and the endangered species of both land and sea.”

**Take a walk outside in a quiet part of your natural surroundings and read each sentence aloud to yourself as you walk.**

Become aware of the sky, the clouds, the trees, the plants, the flowers, the sounds around you and ponder this question as you walk:

Am I able to ‘re-centre’ myself to both ‘undertake...life amid ordinary concerns of daily life...and realise that the ‘shattered’ that need to be freed include the despoiled earth, its waters and the endangered species of both land and sea?’

Look up again at the sky, and imagine all those places in the world that Earth is being ‘shattered’ and ‘despoiled’ – (deserts; waterways; oceans; rivers; lakes; forests; etc.,)

Conclude with this prayer:

Spirit of Life and Love Now  
Here Present in this moment  
Breathing in and Breathing out  
Treading consciously in Earth.