



Laudato Si' Week

'Everything is
connected...'

Day 1



—

“Thinking cosmically elicits wonder and respect for all beings and especially for God who is Source and Sustainer of all.”

Veronica Lawson RSM (2015:72)



A letter from the
pandemic...
extinction ends here

https://www.youtube.com/watch?v=2cEXfJc6_d0&feature=youtu.be

A period of silent prayer will follow...

“...These will include the close relationship between the poor and our fragile planet:

the belief that we are all connected; the way in which we understand economics, technology, and progress; the belief that every person has dignity; the truly serious need for an international policy; and the need for honest dialogue about how to proceed, imagining a new and more sustainable lifestyle for all.”

We pray...

Creating, Energising Great Spirit present in all that is.

I breathe in and out waking up to all that is.

My heart and imagination alert and present.

I breathe in and out waking up to all that is. Amen

With thanks to Margie Abbott RSM *Cosmic Sparks* 2020

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Laudato Si' Week

'Everything is connected...'

Day 2





Ocean

https://www.youtube.com/watch?v=kSxkol4Dc_c


“The urgent challenge to protect our common home includes a concern to bring the whole human family together to seek a sustainable and integral development, for we know that things can change.” Laudato Si’ 13

Today we have an uninterrupted 10 minutes to sit outside amongst trees, or in front of a window, to contemplate quotes from Laudato Si’.



“Each year hundreds of millions of tons of waste are generated, much of it non-biodegradable, highly toxic and radioactive, from homes and businesses, from construction and demolition sites, from clinical, electronic and industrial sources. Earth, our home, is beginning to look more and more like an immense pile of filth.”

Laudato Si' 21



“Humanity is called to recognise the need for changes of lifestyle, production and consumption.”

Laudato Si' 23



Blessing:

I bless my forehead and open my eyes to behold this silence and beauty.

I bless my hands and strengthen my resolve to act justly, walk humbly and love deeply.

I bless my ears and listen for the sounds of love in the web of life.

I bless my heart and resolve to act to transform and be transformed.

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Cosmic Sparks

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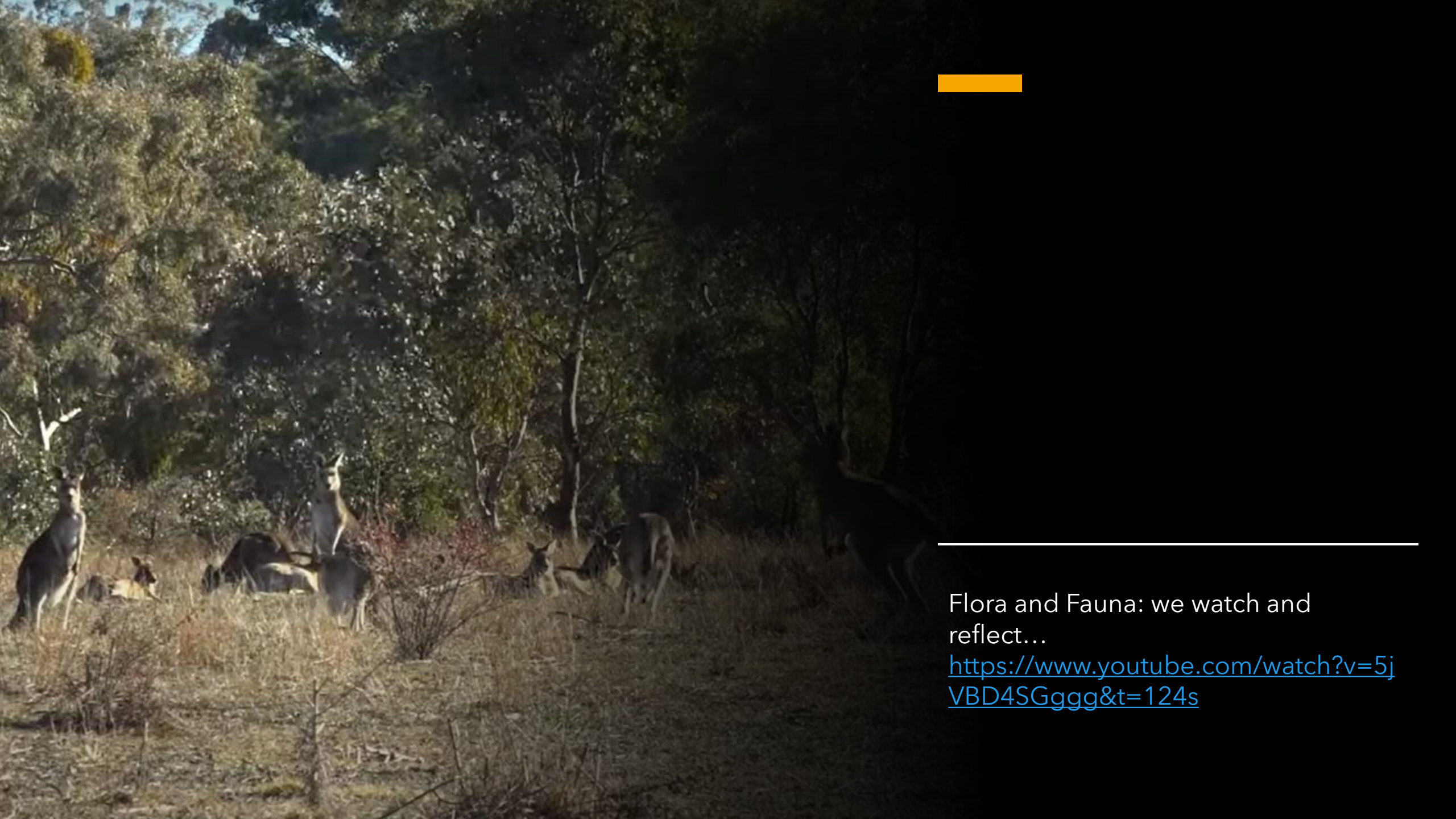
Laudato Si'
Week

'Everything is connected..'

Day 3

“Our insistence that each human being is an image of God should not make us overlook the fact that each creature has its own purpose. None is superfluous. The entire material universe speaks of God’s love and boundless affection for us. Soil, water, mountains: everything is, as it were, a caress of God.”

Laudato Si’: 84



Flora and Fauna: we watch and reflect...

<https://www.youtube.com/watch?v=5jVBD4SGggg&t=124s>



Litany of Lament

Frogs and amphibians: **we remember and we are listening. We lament.**

Natural Eco-Systems and Rainforests: **we remember and we are listening. We lament.**

Cavendish Bananas: **we remember and we are listening. We lament.**

Coral Reefs and marine mammals: **we remember and we are listening. We lament.**

Destruction of biodiversity: **we remember and we are listening. We lament.**

Peace flows gently through me now. **Amen**

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Laudato Si' Week

'Everything is connected...'

Day 4





“We have forgotten that we ourselves are the dust of earth; our very bodies are made up of her elements, we breathe her air and we receive life and refreshment from her waters.”

Laudato Si' 2



Storm

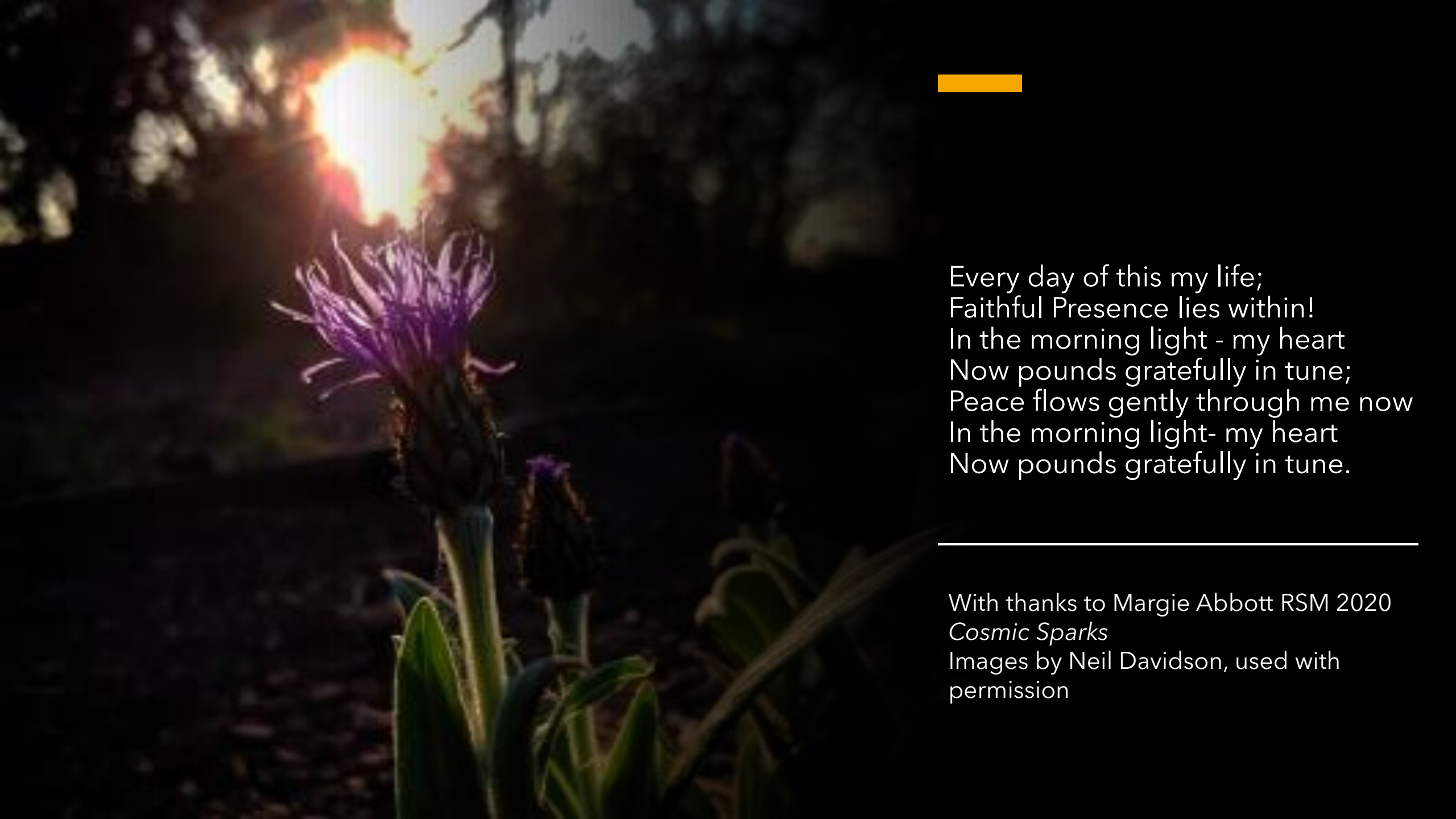
<https://www.youtube.com/watch?v=Dz1EdapWHhA>

"At this time of global vulnerability..."

Climate Emergency Pledge:

- I pledge to read ten minutes every day, if I haven't already done so, about what climate scientists are saying about climate emergency.
- I pledge to read Laudato Si' Chapter One "What is happening to our Common Home?"
- I pledge to google what groups are working in my local area to combat climate emergency.

We say
together...
"For we have
forgotten..."



Every day of this my life;
Faithful Presence lies within!
In the morning light - my heart
Now pounds gratefully in tune;
Peace flows gently through me now
In the morning light- my heart
Now pounds gratefully in tune.

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Laudato Si' Week

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Day 5



Press Esc to exit full screen

A close-up, low-angle shot of a lion's face, showing its eyes and the texture of its fur. The lighting is dramatic, with one side of the face in shadow.

Blessing of the Animals

<https://www.youtube.com/watch?v= bbiEl8sn-8&t=1s>

“Thus, the creatures of this world no longer appear to us under merely natural guise because the risen One is mysteriously holding them to himself and directing them towards fullness as their end. The very flowers of the field and the birds which his human eyes contemplated and admired are now imbued with his radiant presence.” *Laudato Si'*: 100




Meditation

Take several deep breaths and focus on the area outside where you are sitting.
Watch for any signs of life.

Each time you focus on a creature or a plant or shrub bow to each one separately and say in your mind's eye "For you I am grateful".

You may like to go one step further and bow profoundly and with your hands joined say in your mind's eye "Namaste" "I bow to the divinity in you and when you are in that place and I am in that place we are one".



“Let us sing as we go.
May our struggles
and our concern for
this planet never take
away the joy of our
hope.” Laudato Si’
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<https://www.youtube.com/watch?v=G0UpISXptF4>

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