

In 2019, “Kewn Kreestha” will be offering the following programs.
Information re: some programs will be sent closer to the date.

TED Talks 10am-12md. Cost: \$10

TED Talks are influential videos from expert speakers on a variety of topics, such as education, business, science, spirituality, psychology and creativity. - Topics of relevance to Guests will be chosen.

The Dates for these are:

March 13 th	June 12 th
July 26 th	Sept. 4 th
Sept. 24 th	Nov. 19 th

Information re: the topic will be sent to you via email,
approx.. 4 weeks before the date.

MORNING CUPPA- Pop in for a cuppa
on any of the following mornings, 10-11am

March 20th
April 24th
May 13th - ‘Mother’s Day’ - Meeting Room.
Oct. 14th
Dec. 16th - ‘End of Year’ - Meeting Room
{A reminder will be sent via email}

PASTORAL CARE CHATS/SPIRITUAL DIRECTION.

Cost: \$20. Bookings essential.

March 20th April 24th
May 13th July 26th *Further dates advised later...*

FILMS: Information re: film will be sent via email.

March 18th August 26th

70 + Week.

June 3rd – 7th

Prayer Days:

These are offered through the year.

Information re: topics and venue are sent via email.

If not on the mailing list and you would
like to receive information, email KK and advise.

Focus Weeks: To attend a Focus week Guest
must have participated in a Regular Program week.

Information re: dates and topic will be sent via email

Flexi Short Stay: Residential or Come for the day

Guests may stay 1 or more nights.

Sessions provided, attendance optional.

12th-15th March. 11th-14th June. 12th-14th August

Admission: 9.30-10am. Discharge: 10am

**Other “Day Programs” may be offered during the
year. When information is available, it will be
sent via email.**

A minimum of 6 participants required for Day Programs

“Kewn Kreestha” (K.K.) is the Family Care Sisters’ holistic centre and offers a safe and supportive environment. Our program includes: mentoring, holistic care, time for rest and relaxation and time for personal reflection.

K.K. is not a crisis centre, a hospital or a Mental Health facility

Residential Programs:

Cost of stay:

\$40 per day. GST inclusive.

A Deposit of \$30 is required **prior** to any booking being confirmed.

If no Deposit received, booking may be cancelled.

Direct deposit is preferred method for payment.

Banking Details:

Bank: Commonwealth Bank

Name: Family Care Sisters

BSB: 06 3124

Ac No. 1077 9929

Under description: write your name & surname. Advise via email when deposit is made.

E: resthome.familycare@bigpond.com



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