1. **Films Plus**:

The films will be accompanied by a D&M.

In Sept. we will be screening “Three Billboards outside Ebbing, Missouri; and in November “The Shack”.

 Presenter: Angela Dewar

 Dates: Sept. 10th. Nov. 12th.

1. **“There’s a hole in my chest”** – Healing & Hope for Adult Children Everywhere.

 Often our parents for various reasons were unable to give us all the life skills we needed. This day will assist you to identify the skills you missed out on and help you heal those childhood wounds.

 Presenter: Sr. Joan

 Date: 12th Sept.

*As the Focus Week is fully booked, we decided to take a section of the week*

 *and offer it as a Day Progra*

1. **Crossroads & Threshholds**

 “As we stand at the thresholds, life itself is commissioning us to move on to a new stage of our Becoming. Something at the core of being is urging us forward…” M. Silf – Sacred Spaces

Presenter: Sr Michele Toussaint fcs Date: November 13th

“Kewn Kreestha” (KK)– the Family Care Sisters’ Wholistic centre provides for the

 physical, emotional, spiritual and social well-

 being of women.

KK is not a Hospital or a Mental Health facility.

KK operates February to mid-December each year.

Prayer Days:

Are offered through the year and information

 re: topics and venue, sent via email.

 If not on the mailing list and you would

 like to receive information, email us and

 advise.

Focus Weeks: To attend a Focus week Guest

must have participated in a Regular Program week.

In 2018 – 2 Focus weeks are being offered.

 Both Focus Weeks booked out early.

**Short Stay**: Residential.

Guests may stay 1 or more nights.
Sessions provided, attendance optional.

All Short stays are booked out.

 **70+ Week**: July 23rd - 27th

**Day Programs**: 10am – 3pm

Cost: $25 per session. $20 concession.

Time: 9.50am arrival for 10am start

BYO: Lunch. M/Tea provided.

Venue: Meeting Room

**Bookings essential for all programs**.

**Residential Programs:**

 Cost of stay:

 $40 per day. GST inclusive.

 A Deposit of $30 is required **prior** to

 any booking being confirmed.

 If no Deposit received within 5 days of initial call, booking may be cancelled.

 Direct deposit is preferred method

 for payment.



**Banking Details:**

Bank: Commonwealth Bank

Name: Family Care Sisters

BSB: 06 3124

Ac No. 1077 9929

Under description: write your name

 & surname. Advise via email

 when deposit is made.

E: resthome.familycare@bigpond.com

Wholi

Wholistic Centre

 Day Programs for 2018

 69 Alto Ave. Croydon. 3136

 Phone: 03 9723 6797 (M-F)

 Web: Family Care Sisters / Sisters of Mercy

Family Care

 New Day Programs and Sessions

 will be advised via email.

 If you wish to receive notifications

* Please email and advise that you

wish to be placed on the database.

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