

CENTERING PRAYER – CHRISTIAN MEDITATION AND CONTEMPLATION

“Be still and know that I am God”

A day with Trappist monk Father William Meninger

Each year Fr. Meninger takes a limited time from his silent monastic life at St Benedict’s Abbey Snowmass, Colorado to travel and teach contemplative prayer.

He has written extensively on forgiveness, the loving search for God and on contemplative and centering prayer.



While in Australia, Father Meninger will present Christian meditation in the form of Centering Prayer as a teachable process that enables the ordinary person to enter into the experience of God

“Contemplative prayer gradually brings about liberation from whatever prevents the presence of God from becoming part of our constant awareness.” Thomas Keating

Location and Dates

November 8, 2008 - Institute for Mission 5 Marion St. Blacktown. NSW. 2154 **(10am-4pm)**

November 9, 2008 – “Marymount” David Road, Castle Hill. NSW. 2154 **(10am-4pm)**

Arrival at 9.30am for registration prior to 10am commencement would be appreciated

Cost \$25 includes Morning tea and light lunch

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Application Form (Please print) (form required for numbers and catering purposes)

Name _____

Address: _____

Phone and/or email _____

I will be attending **Nov 8 Blacktown 10.00am** OR **Nov 9 Castle Hill 10.00am**

Please send application form and cheque made payable to **St. Matthew’s Centering Prayer Group**

SEND TO: Mr I Pereira 2/24A Bell Street Windsor. NSW. 2756.

If paying by cash send **only** application form - pay on day

Register by October 15 2008 - Preference will be given to those who register earliest

Enquiries and Further Information: Sheila Normoyle rsm Ph. (02) 45753059